



**BALMAIN
LITTLE
ATHLETICS
CENTRE**

REGION RESULTS SPECIAL

It is with great excitement and some pride that we can report on the fantastic two days of Athletics enjoyed by our 199 Regional representatives at Sylvania Waters last weekend. In challenging conditions of heat, humidity, a water-logged & muddy infield and an enormous thunderstorm, the team **collected 130 medals in some stunning performances across track & field. 41 athletes automatically qualified for State.** This eclipses the fine haul of 80 medals at last year's Region.

See the column on the right for the headlines and pages 2-5 for all the details.

Congratulations to all our representative athletes. We are enormously proud of everyone who took to the track or field in black and gold last weekend. Your performances, the way you supported each other, and the way you handled yourselves in the pressure of the Region round confirmed what an outstanding group of athletes we have at Balmain.

With the exception of Referees provided by LANSW, Region is planned and organised entirely by volunteers, and we would like to recognise all those members of our Community without whom our kids would not have had this wonderful opportunity to shine. Our thanks go to:

- The many **parents** who helped in the running of the long jump, discus & javelin, and ran paperwork around the ground. The event simply can't run without all the duty positions filled so we are very appreciative of your help.

- **Coaches** Andrew Kohlrusch, Andrew Watson and Mel Murphy for your help in preparing our athletes.

- The BLAC **committee** who worked as hard before, during and after Region as they did for Zone. In particular, the Championships Team of Tim Batho, who compiled our entries and put our volunteer roster together, and Peter Rand, Richard Chen & Megan Beer who acted as Team managers over the entire Weekend. Kim Gane, Ian Guthrie & Tim (again) for being our official Officials for the carnival. And of course David Murphy, who warmed athletes up before events, warmed them down again afterwards, cheered them on in between and provided impromptu physio services in the stands as required!

- **Andrew Kohlrusch**, who not only organised Zone in December but then took on the equally herculean task of organising Region in January (all in his 'spare' time!).

As you can see it was a great team effort on and off the arena that enabled our athletes to give our club our best and most successful Regional Championship ever.



130 MEDALS—38 GOLD, 41 SILVER, 51 BRONZE (40 FOURTHS)

U14B 3000M REGION RECORD for Angus Beer.

41 ATHLETES AUTO QUALIFY FOR STATE IN 65 EVENTS. And with lots of 3rd & 4th placegetters in our very strong Region we expect more athletes to make State via Qualification on Performance.

8 ATHLETES WON GOLD MEDALS IN 2+ EVENTS.

MISCHA BELUNEK (U12) 4 GOLDS FROM 4 EVENTS + RELAY SILVER

JAMES PARK (U13). 3 GOLD & 2 BRONZE FROM 5 EVENTS + RELAY SILVER

ANGUS BEER (U14) 3 GOLD & 1 REGION RECORD

REGION MEDALISTS

		Gold	Silver	Bronze	Fourth
Relays	Junior Girl		Remy Ellen Ada Mis- cha		
	Junior Boy		Billy Liam Louis Sam		
	Senior Girl		Prada Steph Eliza Matil- da		
	Senior Boy		James Isaac Jamie James		
U8	Zoe Crick	LJ			
	Joseph Dempsey Martin			LJ	
	Harry Halleen		200	400	100
	Ida lawlor			70 200	
	Angie LeRoux	400 700		100	
	Bronte Locane	70 100	200		
	Lucas Perkovic		100	70 200	
	Tallulah Prentice	Discus		SP	
	Macy Tanner-Black			60H	
	Zachary Thai				70
	Sam Walker			Discus	
U9	Billy Blair	70 60H	100		
	Remy Maguire		70	100	60H
	Josh O'Connell	800		400	
	Louis Prior			Discus	
	Leah Russell			400 800	
	Jayda Stanley	Walk			
	Audrey Sutton		HJ		
U10	Harry Banks	Walk			
	Ava Boeckenhauer			Discus	
	Josh Chen		LJ		
	Luca Gillard			1500	800
	Aiden Gow				100
	Luke Haddad		HJ	Walk	
	Cooper Hall		60H	Discus	
	Tilly Hannan	Discus			
	Alexander Howdin				SP Discus
	Liam Kapsalis	200	100	70	
	Ellen Murphy	200	70 100		
	Maddox Oddy				HJ
	Zach Schmidt			SP	Walk
	Pascale Simington				Walk
	Dominique Stevens	Walk			
	Maddy Stevens			Walk	
U11	Thomas Emery				800
	William Garside		Walk		
	Maxi Lipic McFadyen				Walk
	Bronte Prentice		Walk	Discus	

REGION MEDALISTS

		Gold	Silver	Bronze	Fourth	
U12	Mischa Belunek	100 60H LJ TJ				
	Samuel Chen	100 200	TJ	LJ		
	Louis Dalrymple				TJ	
	Josh Hill		Walk			
	Max Hilton			400		
	Chloe Lombardi	Javelin	SP Discus			
	Jackson Mitchell Lane		Javelin			
	Lucas Newman				60H SP	
	Eva Scoufis			1500		
	Nona Walne		TJ	60H		
	U13	Zara-Claire Azzi		80H		
		Hannah Christie				400
Jasmine Cook			Walk			
Bridget Crick					LJ TJ	
Chris Taylor Fowler					100	
William Guthrie			Walk	Discus		
Harry Jones				HJ		
Jessie Karabesinis		SP			Discus	
Charlotte Korell				Javelin		
Sam Murphy		Walk				
James Park		80H 200H LJ		100 TJ		
Lochlan Prentice				SP	Discus	
Zane Santarossa			400		800	
Prada Stenberg				100		
Thomas Virgona		400		800		
U14		Jerome Angir	SP		Discus	
		Angus Beer	800 1500 3000			400
	Emma Cruzado			Discus	HJ	
	Matthew Madgwick		800			
	Caitlin McManusBarrett				Walk	
	Kai Mirabito			90H	200H	
	Steph Potter		100 200 TJ	80H 200H		
	Zoe Scoufis	1500 3000				
	Will Seaward				Discus	
	Isaac Sharwood	200H		100	200 TJ	
	Eliza Swann			100	200	
	Matilda Swann				100	
	U15	Susie Douglas	200H	90H 100 400	200 LJ	
Jamie Karabesinis			LJ		200H	
Nick Kohlrusch				LJ	HJ	
Henry Moffitt		HJ	TJ SP		Javelin	
Oliver Smith				3000	800	
U17	Carys Batho			Walk SP	Discus	
	Marnie Clarkson		Discus	HJ	SP	
	James Hill			200H	400 Javelin	
	Maddy Kohlrusch		Javelin			
	Solomon Nivison Smith				TJ	
	Bertie Swann	110H	200H	LJ		
Total	130 Medals 41 Automatic Qualifiers In 65 events	38	41	51	40	

Medals Galore!



And more and more...

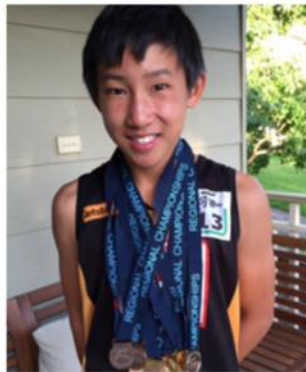




More pics on Facebook



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Saturday competition recommences at King George Oval on Feb 6th.

For more pictures check out the Balmainlac Facebook page.



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